

# Nevada Primary Care Association

Nevada Primary Care Association (NVPCA) is a private, nonprofit organization that has been a statewide Title X grant recipient for the past five years. NVPCA delivers services through five subrecipients and 18 service sites consisting of federally qualified health centers (FQHCs).<sup>1</sup>



• Clinic locations

Pop. per sq. mi.  Less than 5  10 or more

## Stats at a Glance<sup>2</sup>

- ▶ Number of family planning (FP) encounters – 10,055
- ▶ FP users with incomes below 100% Federal Poverty Level (FPL) – 3,673 (49%); all FP users with incomes below 250% of FPL – 5,394 (71%)
- ▶ Number of tests performed for gonorrhea – 952, syphilis – 103, and HIV – 458
- ▶ Number of female users who received a chlamydia test – 1,341 or a Pap test – 872

## Overview of Services Offered

As a Title X recipient, NVPCA provides a broad range of FP services including pregnancy prevention and birth spacing, pregnancy testing and counseling, assistance to achieve pregnancy, basic infertility services, sexually transmitted infection (STI) services, and other preconception health services. The services are voluntary, confidential, and provided regardless of ability to pay.<sup>3</sup> The infographic below is an Overview of Services Offered within the NVPCA network. The data shown below are not specific to any particular site but rather are representative of the broader grantee network. For information on services available at individual service sites, please refer to the [OPA clinic locator](#).

 <b>Pregnancy assistance and counseling</b>	 <b>Contraceptive services</b>	 <b>STI services</b>	 <b>Other preventative health services</b>
<ul style="list-style-type: none"> <li>● Counseling on achieving pregnancy</li> <li>● Preconception health services</li> <li>● Pregnancy testing and counseling</li> <li>● Basic infertility services</li> </ul>	<ul style="list-style-type: none"> <li>● FDA approved long-acting contraceptives</li> <li>● FDA approved short-acting contraceptives</li> <li>● Natural family planning methods</li> </ul>	<ul style="list-style-type: none"> <li>● STI and HIV education and counseling</li> <li>● STI and HIV screening and testing</li> <li>◐ STI and HIV treatment</li> <li>○ STI self-testing</li> <li>● Expedited partner therapy</li> <li>◐ PrEP counseling and risk assessment</li> <li>◐ PrEP prescription services</li> <li>◐ PEP counseling</li> <li>◐ PEP prescription services</li> </ul>	<ul style="list-style-type: none"> <li>● Screening for breast cancer</li> <li>● Screening for cervical cancer</li> <li>● HPV vaccinations</li> <li>● Screening for intimate partner violence</li> <li>● Screening for mental health</li> <li>● Screening for obesity</li> <li>● Screening for smoking, drug, and alcohol use</li> <li>● Adolescent-friendly health services</li> </ul>
<p><b>LEGEND</b></p> <ul style="list-style-type: none"> <li>● Available at all service sites</li> <li>◐ Available at service sites and through referrals</li> <li>○ Available through referral only</li> </ul>			

<sup>1</sup> Source: Data collected by Mathematica in 2023 for the Title X Implementation Study.

<sup>2</sup> Source: Family Planning Annual Report (FPAR): [2022 National Summary](#).

<sup>3</sup> See the [Title X Service Grants web page](#) for more information on the requirements and regulations guiding Title X projects.

## Equity in Practice



To meet family planning needs and increase equitable access, NVPCA has invested in mobile service delivery units that are equipped to provide basic health exams, including breast exams and tests for STIs and pregnancy. One mobile unit in Las Vegas is stationed near a refugee center and provides services to populations with limited English proficiency to help them through the refugee asylum process. Mobile units also serve clients who might otherwise not receive services because there are no public or private transport options to clinic locations. NVPCA has also partnered with the University of Nevada in Reno to have materials approved by the Information and Education Committee translated in the relevant languages. Once translated, these materials and documents are saved in a repository available for all subrecipients in Title X to use. These resources are offered in the mobile units and have made services available to a population that otherwise would not have had access to them.

In addition, to improve access to and equity in sexual and reproductive health care, NVPCA will launch a program in 2023–2024 in partnership with one subrecipient to provide vasectomies at no or low cost for Title X patients.

## Innovations in Practice



NVPCA aims to make Title X services more accessible through innovative community outreach focused on increasing people's knowledge of the Title X program and decreasing the stigma around seeking SRH services. To accomplish this, NVPCA partnered with housing authorities and set up education sessions where subrecipients speak about the services available at their service sites. These activities help NVPCA build connections and trust with the local community, improve clients' comfort level with available services and the staff that offer them, and reduce barriers to care. Similarly, to better reach the youth population, the grantee has partnered with Real Talk, which works with youth in the juvenile justice system. Through this collaboration, NVPCA has been able to connect youth from Southern Nevada to health centers in Las Vegas.

## Did You Know?



NVPCA created a sexual history training to improve the intake process and help staff be more comfortable asking sensitive questions. All medical assistants at the FQHCs were trained on the new sexual history form. NVPCA received positive feedback on the training and has also used it to help primary health care providers in the network who need to address sexual health history with their clients. The training is available in the grantee training archive.



Every year, NVPCA offers small monetary awards to subrecipients as a monetary incentive to ensure data are complete and accurate. These awards have engaged the subrecipients and elevated the importance of meeting data reporting requirements. NVPCA leaders use the reported data from the grantee's family planning data system to track progress for subrecipients and help identify areas of improvement. NVPCA also offers data support and technical assistance to subrecipients to discuss solutions and challenges so they are able to offer their clients high quality care.



NVPCA has a long history of cultivating successful partnerships with community-based groups including the Cupcake Girls, an advocacy group that supports sex workers, and other local organizations working to combat trafficking. NVPCA staff and subrecipients receive training on anti-trafficking efforts and strategies. For example, the training highlights the importance of giving clients a safe place to self-report and making sure every client has at least one conversation with only clinic staff present to allow them the opportunity to share something private if needed. NVPCA has also formed a successful partnership with the Nevada Center for Excellence in Disability (NCED). Through this partnership, NCED has created a series of webinars, including one on reproductive health and disabilities, and collaborated on hosting an anti-racism town hall. These partnerships, webinars, and trainings have been critical in helping NVPCA subrecipients improve service delivery and quality for clients with specific needs and challenges.

## About the Title X Program

The Title X Family Planning Program, created in 1970 and authorized under Title X of the Public Health Service Act, is administered by the Office of Population Affairs (OPA) in the U.S. Department of Health and Human Services. For more information, please refer to OPA's [website](#).

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